



HOW TO DISCUSS END-OF-LIFE WISHES

Plan the end-of-life
experience that's
right for you



CompassionAndChoices.org
1-800-247-7421

1 START THINKING

How do you want to live
through the end of your life?



2 START TALKING



"I've been thinking about
my future, can we talk
about it together?"

3 KEEP DISCUSSING

This is not one conversation,
it's many conversations over
a lifetime



WHO TO TALK TO ABOUT YOUR END-OF-LIFE WISHES

Loved Ones

"I want to talk to you
about my options and
wishes for care at the
end of my life."



"My preferences for
end-of-life care have
been evolving, and I'd
like to update you on
my care wishes."

Healthcare Providers

"Let's talk about the things
that matter most to me so
that we can make a plan
for my end-of-life care."



Spiritual Leaders

"I've been thinking about
the spiritual practices I'd
like to incorporate in my
end-of-life care."

