

HOW TO DISCUSS END-OF-LIFE WISHES

Plan the end-of-life experience that's right for you



CompassionAndChoices.org 1-800-247-7421

START THINKING

How do you want to live through the end of your life?





START TALKING

"I've been thinking about my future, can we talk about it together?"

KEEP DISCUSSING

This is not one conversation, it's many conversations over a lifetime



WHO TO TALK TO ABOUT YOUR END-OF-LIFE WISHES

Loved Ones

"I want to talk to you about my options and wishes for care at the end of my life."

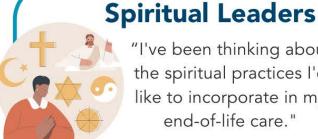


"My preferences for end-of-life care have been evolving, and I'd like to update you on my care wishes."

Healthcare Providers

"Let's talk about the things that matter most to me so that we can make a plan 🔌 for my end-of-life care."





"I've been thinking about the spiritual practices I'd like to incorporate in my

end-of-life care."